

BREAKFAST

MONDAY TO FRIDAY 7.30 AM UNTIL 13:00 PM :: SATURDAY AND SUNDAY 8:00 AM UNTIL 14:00PM

FULL IRISH BREAKFAST

2 SAUSAGES, 2 BACON, BLACK AND WHITE PUDDING, FRIED EGG, BEANS, MUSHROOM, HASH BROWN, TOMATO.

SERVED WITH SOURDOUGH TOAST

€13.95

VEGETARIAN BREAKFAST

2 FRIED EGGS, HASH BROWN, BEANS, AVOCADO, MUSHROOM AND TOMATO.

SERVED WITH SOURDOUGH TOAST

€12.95

MINI BREAKFAST

BACON, FRIED EGG, HASH BROWN, SAUSAGE, BEANS AND MUSHROOM.

SERVED WITH SOURDOUGH TOAST

€11.95

SAVOURY CREPES

BREKKIE €13.90

Egg, crispy bacon, melted cheddar cheese and tomato.

JERVIS WAY €13.90

Melted cheddar cheese, crispy bacon, mushrooms and tomato.

THE HENRY €13.50

Chicken, melted cheddar cheese and baby spinach.

VEGANO (made with soya milk and gluten free flour) €13.50

Melted vegan cheese, mushroom and spinach. (vegan)

LIGHT BREAKFAST

MASHED AVOCADO ON SOURDOUGH TOAST €10.90

Served with cherry tomato and rocket. (vegan)

MASHED AVOCADO ON SOURDOUGH TOAST €10.90

Served with crumbled feta and cherry tomato

ADD SCRAMBLED EGG :: €3.00, PARMA HAM :: €3.00.

SCRAMBLED EGG ON TOAST €6.95

ADD BACON :: €3.00.

GRANOLA WITH YOGURT AND BLUEBERRIES €6.95

OVERNIGHT OATS WITH FLAXSEED €7.95

Apple, Raspberry and Blueberry and almond milk (vegan)

FRUIT SALAD (vegan) €6.95

FRENCH TOAST WITH MAPLE SYRUP €5.95

ADD BACON :: €3.00.

FRENCH TOAST WITH SIDE MAPLE SYRUP €8.95

FRESH STRAWBERRY AND BANANA

CHOICE OF TOAST WITH BUTTER AND JAM €3.00

white, brown, sourdough or gluten-free.

CROISSANT WITH HAM AND CHEESE €5.95

CROISSANT WITH MOZZARELLA, TOMATO, PESTO €5.95

CROISSANT or ALMOND CROISSANT €3.00 €3.50

BAGELS

CHOOSE FROM | PLAIN | MULTIGRAIN

BUTTER AND JAM €3.25

CREAM CHEESE €5.50

CREAM CHEESE AND BACON €6.50

BACON AND FRIED EGG €6.60

BACON, FRIED EGG, CHEDDAR, TOMATO €7.90

BACON, LETTUCE, TOMATO AND MAYO €7.50

ALLERGEN ADVICE - please inform a staff member if you have any allergies or intolerances, and we will try our best to accommodate them. For those with severe allergies, please be aware that there may be trace allergens as all food is freshly prepared in our kitchen.

SWEET CREPES

LUSCIOUS LEMON €5.50

Dusted with sugar, lemon and butter.

MAPLE MADNESS €6.50

Maple flavoured syrup and butter.

CHOCALIC €6.50

Just delicious Nutella.

MONKEY BUSINESS €7.95

Delicious Nutella with banana or nuts.

LEMON ZEST €6.95

Lemon, butter, sugar and banana.

BACON MAPLE MADNESS €8.50

Bacon, maple flavoured syrup and butter.

STRAWBERRY DREAM €8.50

Delicious Nutella and fresh strawberries.

OMELETTES

ALL SERVED WITH SOURDOUGH TOAST

BACON AND CHEDDAR €12.90

BACON AND MUSHROOM €12.90

BACON AND AVOCADO €12.90

CHICKEN AND CHEDDAR €12.90

CHICKEN AND AVOCADO €12.90

HAM AND MUSHROOM €12.90

FETA CHEESE, AVOCADO AND SPINACH €12.90

MUSHROOM, GREEN AND RED PEPPER €12.90

SUNDRIED TOMATO, MOZZARELLA AND PESTO €12.90

CIABATTA

THE WORKS €9.90

Bacon, fried egg, cheddar and tomato.

B.L.T €9.90

Bacon, lettuce, tomato and mayo.

THE CAPRESE €9.90

Buffalo mozzarella, sliced tomato and basil pesto.

THE BUILDER €9.90

Bacon, fried egg, sausages and tomato relish

THE VEEGAIN (vegan) €9.90

Vegan cheese, sundried tomato, mushroom and balsmaic

LEMON JELLY
all day cafe

HOT DRINKS

	(SHOT) SINGLE	DOUBLE
ESPRESSO	€2.60	€3.10
ESPRESSO MACCHIATO	€2.70	€3.20
	(SIZE) REGULAR	LARGE
AMERICANO	€3.40	€3.90
WHITE AMERICANO	€3.70	€4.20
TEA	€2.90	€3.20
CAPPUCCINO	€3.90	€4.40
LATTE	€3.90	€4.40
FLAT WHITE	€3.70	
CHAI LATTE	€4.00	€4.50
GINGERBREAD LATTE	€4.10	€4.60
MOCHA (CHOCOLATE, CARAMEL, WHITE)	€4.20	€4.70
HOT CHOCOLATE	€4.10	€4.60
ORANGE HOT CHOCOLATE	€4.40	€4.90
STRAWBERRY HOT CHOCOLATE	€4.90	
TURMERIC & COCONUT LATTE	€4.20	
MATCHA LATTE	€4.10	
COFFEE FLAVOUR caramel, hazelnut, peppermint, orange or vanilla		€0.60
OPTIONAL soya, almond, coconut, oat milk, marshmallow & fresh or pouring cream		€0.50

SUKÍ TEA™

TEA AS IT SHOULD BE

€3.95

POT OF TEA

- *APPLE LOVES MINT (CF/GTA) | *WHOLE PEPPERMINT (CF/GTA)
- *LEMONGRASS AND GINGER TWIST | *MIXED RED BERRIES (GTA)
- *GREEN TEA SENCHA (FT/ORG) | *CHAMOMILE (CF/GTA)
- *EARL GREY BLUE FLOWER (FT/ORG/GTA/RF) | *MANGO TANGO
- *GOJI BERRY AND POMEGRANATE



CF: CAFFEINE FREE

COLD DRINKS

	(SIZE) REGULAR	LARGE
ICED BLACK COFFEE		€3.50
ICED LATTE soya, almond, coconut, oat milk	€4.20	
ICED VANILLA LATTE	€4.20	
ICED CARAMEL LATTE	€4.20	
ICED CHOCOLATE MOCHA	€4.20	
ICED TIRAMISU	€4.50	
ICED TEA WITH LEMON	€3.20	
MILK	€1.90	€2.50
MILKSHAKE (PICK A FLAVOUR)		€4.90
BANANA CHOCOLATE STRAWBERRY VANILLA		
COKE, DIET COKE, FANTA, 7UP	€3.00	€3.50
BOTTLED WATER (STILL OR SPARKLING)		€3.00

SMOOTHIES

All smoothies are made with low fat frozen yogurt.

HEALTHY OPTION Banana and orange juice.	€5.50
MANGO PASSION Mango and orange juice.	€5.50
ENERGY INJECTION Banana, strawberry, orange juice and honey.	€5.50
RASPBERRY SENSATION Raspberry, strawberry, banana, orange juice and honey.	€5.50
GREEN GOODNESS Avocado, pineapple, spinach and apple juice.	€5.50
SWEET MONKEY Banana, apple and orange juice.	€5.50
COPA CABANA Pineapple, banana, coconut and orange juice.	€5.50
TROPICAL Mango, banana and orange juice.	€5.50
BLOODY PINEAPPLE Pineapple, raspberry, banana and orange juice.	€5.50
MAGIC SUNSET Banana, pineapple, strawberry and orange juice.	€5.50
CLASSIC COCKTAIL Blueberry, strawberry, banana, apple and orange juice.	€5.50
BURBERRY Blueberry, raspberry, strawberry and orange juice.	€5.50

JUICES

	(SIZE) REGULAR	LARGE
ORANGE JUICE 100% freshly squeezed orange juice.	€3.90	€4.50
APPLE JUICE 100% freshly pressed apple juice (with ginger on request).	€3.90	€4.50
PEAR JUICE 100% freshly pressed pear juice.	€4.90	
CARROT JUICE 100% freshly pressed carrot juice.	€4.90	
COLD & FLU BEATER Apple, orange and ginger.	€4.90	
BASIC BOOST Apple, carrot and ginger.	€4.90	
APPLEBERRY Apple and strawberry.	€4.90	
VITALITY Orange juice with carrot.	€4.90	
WAKE UP Mango, pineapple and orange juice	€4.90	

Here's how tipping works:

when you pay, Your contribution will be divided equally among all the hardworking team members who served you today. the business doesn't keeps nothing of your generous gesture. For large groups of 6 or more, a modest 10% service charge will be added

